

Activ'été

BIKE
GUIDE



Châteauguay



Dear parents,

Châteauguay's day camp Activ'Été is proud to present its **Bike Guide**. An important tool demonstrating bike routes that groups ages 7-9 and 10-13 will follow during the summer.

On the same principle of a bus ride, morning and evening, hundreds of children will follow bike lines to get to their area of activity, and return home, following a pre-arranged route, led by a trained animator.

We remind car drivers to always be careful on the streets of Châteauguay this summer.

*L'équipe de coordination Activ'Été
Division culture et projets spéciaux
Direction Vie citoyenne*


Ville de Châteauguay



1. BIKE TRANSPORTATION

1.1 BIKE LINES OPERATION

You will find in this guide all the bike routes that serve the various schools that host the day camp. Children should wait at **9 a.m.** at the intersection of the street identified on one of the routes leading to the school where they are registered. Please note that a bike route takes a maximum of 30 minutes to complete. Thus, a child living close to the school will arrive home at about 3:45 p.m., while a child living at the other extreme of the route will arrive at about 4:15 p.m. (the time required to complete the route could be more at the start of summer, especially on the first day). We would like to thank you in advance for your understanding.

The symbol  on the schedule means: **a bike is mandatory.**

Please ensure that the child brings along his or her bike every morning. Due to possible activity changes it would be **preferable** for your child to have his or her bike everyday – this also applies to children enrolled in the day care service. If your child does not have a bike on a day when an outing is envisaged on the schedule, **you will be charged a \$20 transportation fee.**

The City of Châteauguay is not responsible for bikes that are left on the premises. Note that it is impossible to take bikes inside the school.

TAKE NOTE that any child who goes to the day camp on his or her own (i.e., does not join the bike route) will remain without supervision until the monitors arrive at 9 a.m.

1.2 EQUIPMENT REQUIRED.

- a) A safe **bike**;
 - b) A well-adjusted bike **helmet**;
 - c) A bike **lock**.
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- a) For your child's protection, please note the following:
 - The bike should be adequate for the child's height.
 - The chain and brakes should be in good condition.
 - Pedals, seats and handlebars should be well secured.
 - The tires should be well inflated.

** The bike should not have training wheels or toe clips.*



1. BIKE TRANSPORTATION

b) Since a helmet is an ideal protection measure, we strongly recommend that you purchase a helmet for your child.

Why?

1. Because a bike helmet can reduce head injuries by 85%.
 2. Because, in spite of all measures put in place to reduce bike accidents, there will always be situations that are beyond your control.
 3. During a bike accident, a helmet that is worn “correctly” may prevent head injuries.
- c) The use of locks prevents bikes from being stolen or vandalized. Your child is responsible for his or her key or code to unlock the bike. To prevent unwanted situations, we recommend that you keep the key at an easily accessible location or you should have a duplicate.



2. BIKE CLINIC

For 7 to 9 years old children registered in day camp the bike is essential.

On the first week of the camp, a “bike clinic” will be organized in each 7-9 years old sector. The main goal is to teach children how to use properly and safely the bike. Also, this “bike clinic” will identify and correct frequent errors and explain the rules of travelling in a group.





3. BIKE ROUTES

7-9 YEARS OLD - SAINT-JEAN-BAPTISTE SCHOOL (DAY CARE: SAINT-JEAN-BAPTISTE)

STARTING LINES

#1 : Saint-Jean-Baptiste and Édouard-Branly

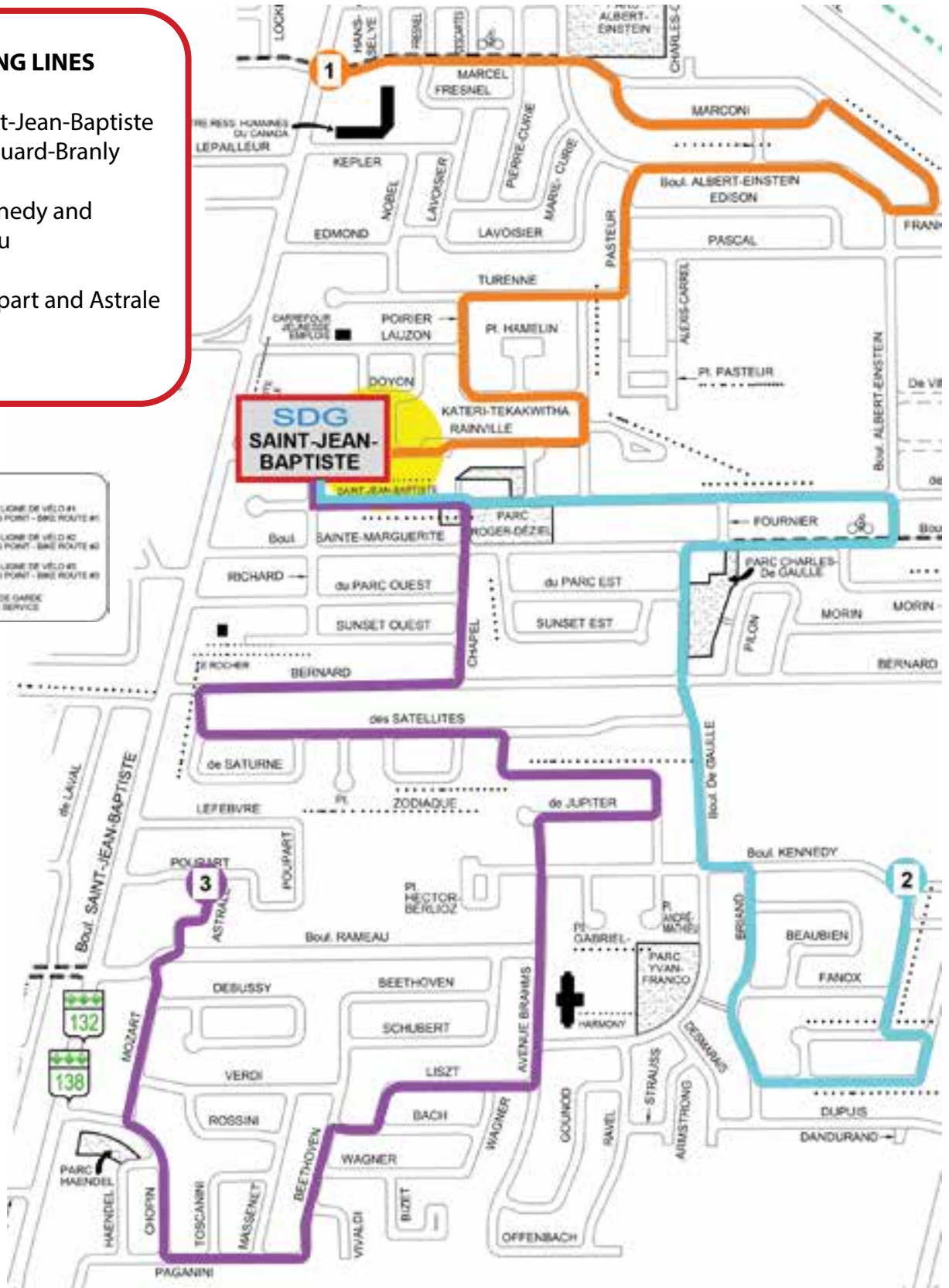
#2 : Kennedy and Péladeau

#3 : Poupart and Astrale

LÉGENDE

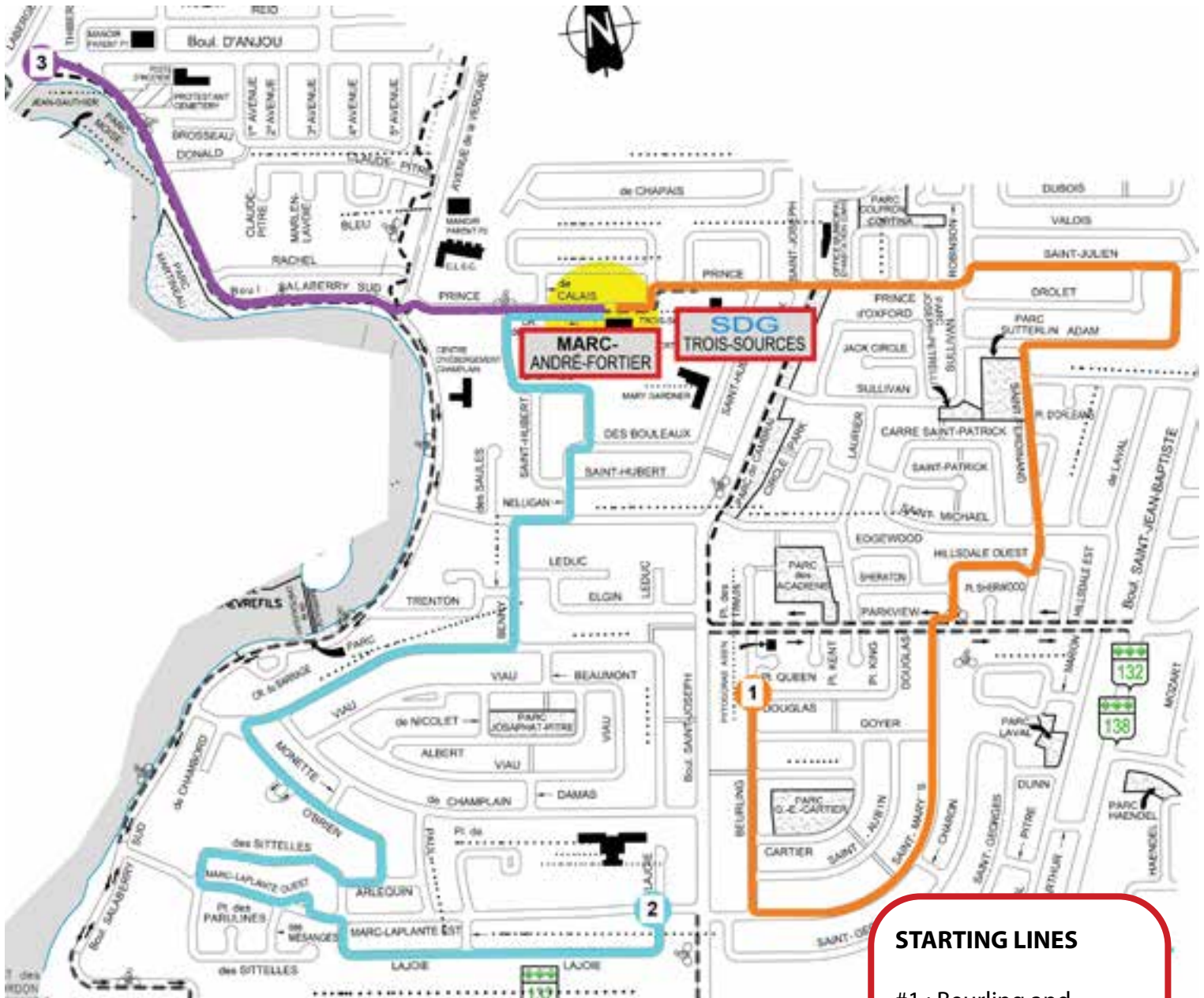
- DÉPART - LIGNE DE VÉLO #1
STARTING POINT - BIKE ROUTE #1
- DÉPART - LIGNE DE VÉLO #2
STARTING POINT - BIKE ROUTE #2
- DÉPART - LIGNE DE VÉLO #3
STARTING POINT - BIKE ROUTE #3

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7-9 YEARS OLD - MARC-ANDRÉ-FORTIER SCHOOL (DAY CARE: DES TROIS-SOURCES)

All children registered at Des Trois-Sources day care will get to Marc-Andre-Fortier School by walk.



STARTING LINES

#1 : Beurling and Douglas

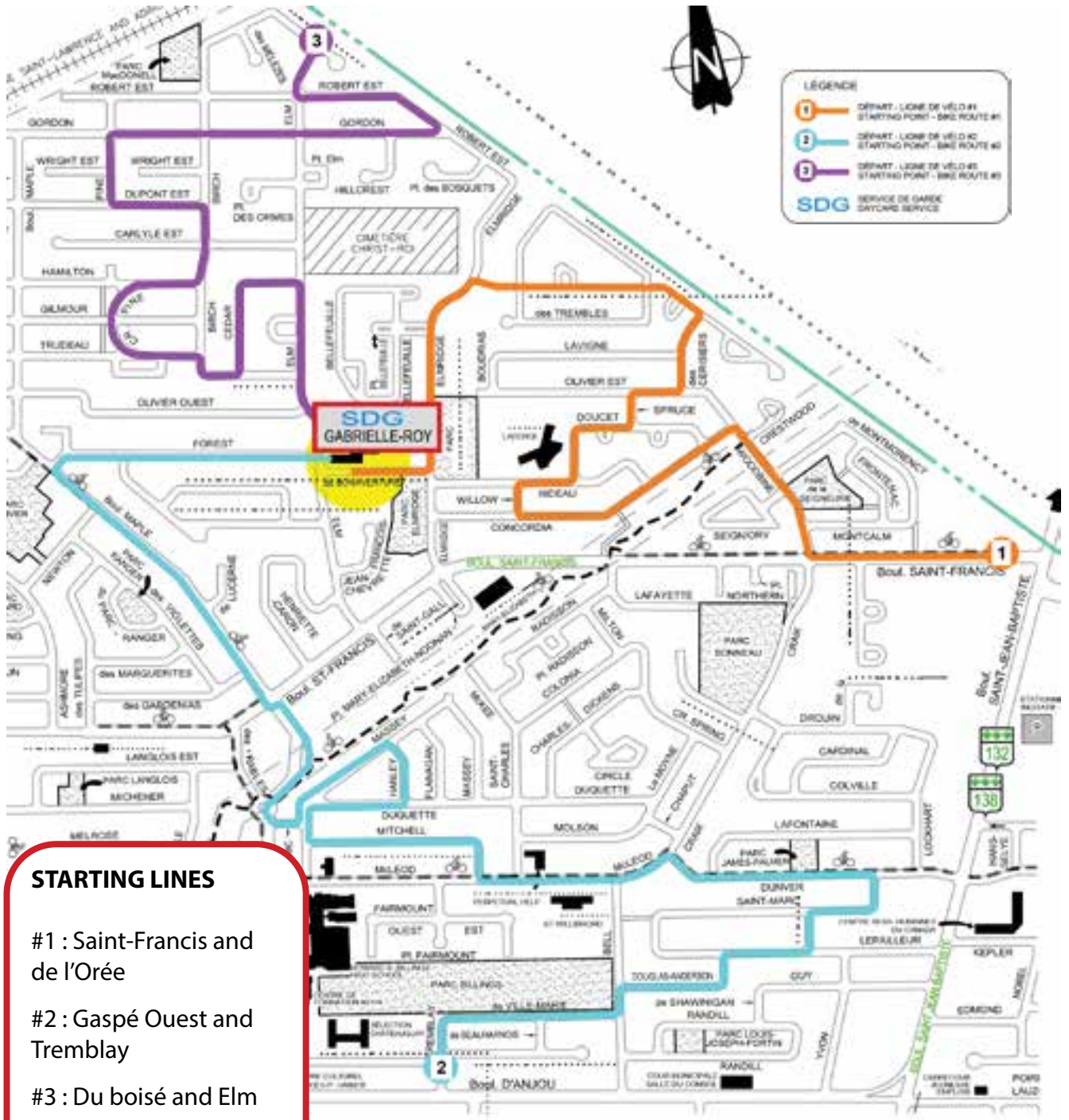
#2 : Marc-Laplane and Lajoie

#3 : Anjou and Salaberry Sud

LÉGENDE

- DÉPART - LIGNE DE VÉLO #1
STARTING POINT - BIKE ROUTE #1
- DÉPART - LIGNE DE VÉLO #2
STARTING POINT - BIKE ROUTE #2
- DÉPART - LIGNE DE VÉLO #3
STARTING POINT - BIKE ROUTE #3
- SERVICE DE GARDE
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7-9 YEARS OLD - GABRIELLE-ROY SCHOOL (DAY CARE: GABRIELLE-ROY)



STARTING LINES

#1 : Saint-Francis and de l'Orée

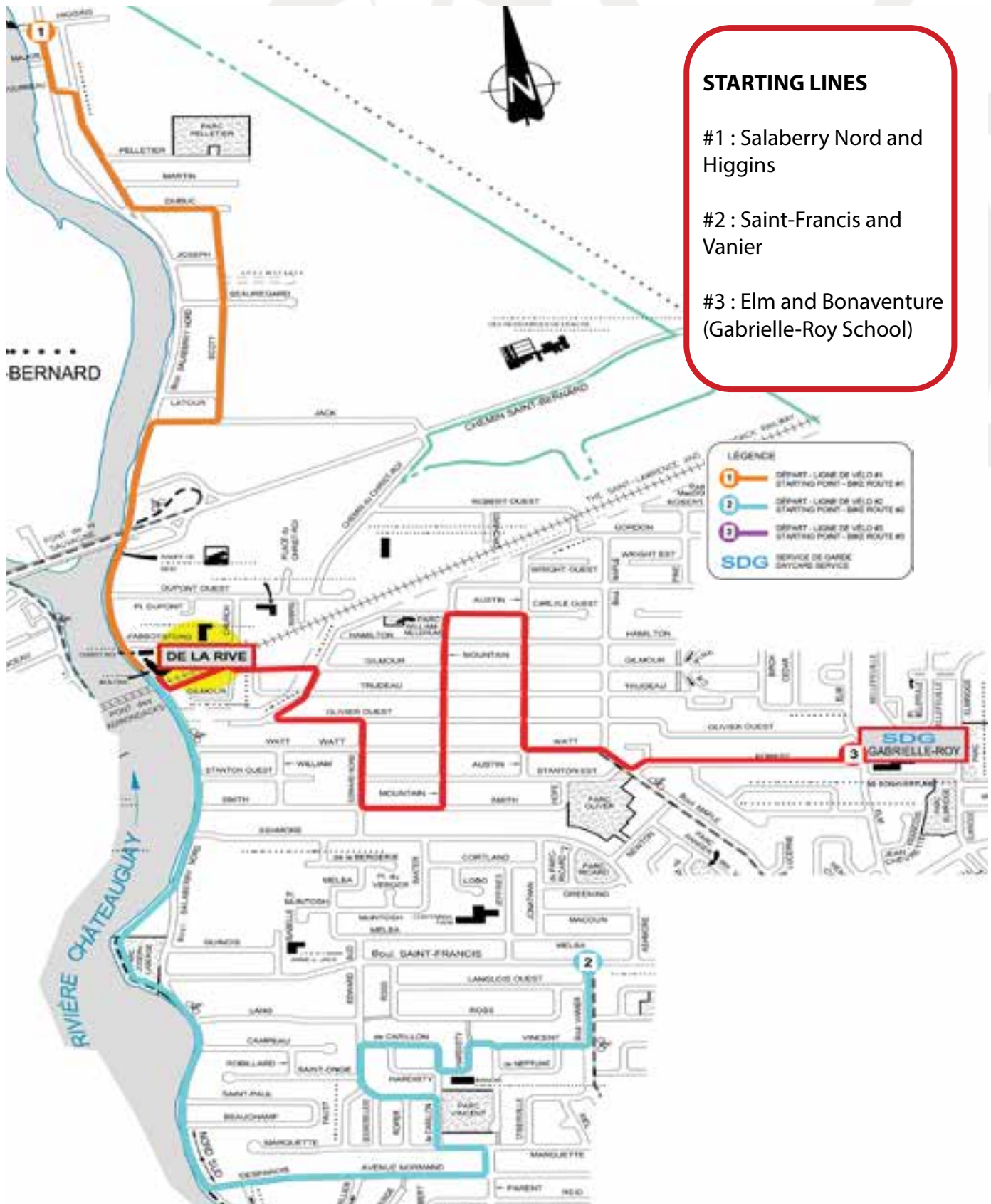
#2 : Gaspé Ouest and Tremblay

#3 : Du boisé and Elm

* For the residents of Place de l'Orée, the animator will walk across the boulevard and pick up the kids on the other side of the street.

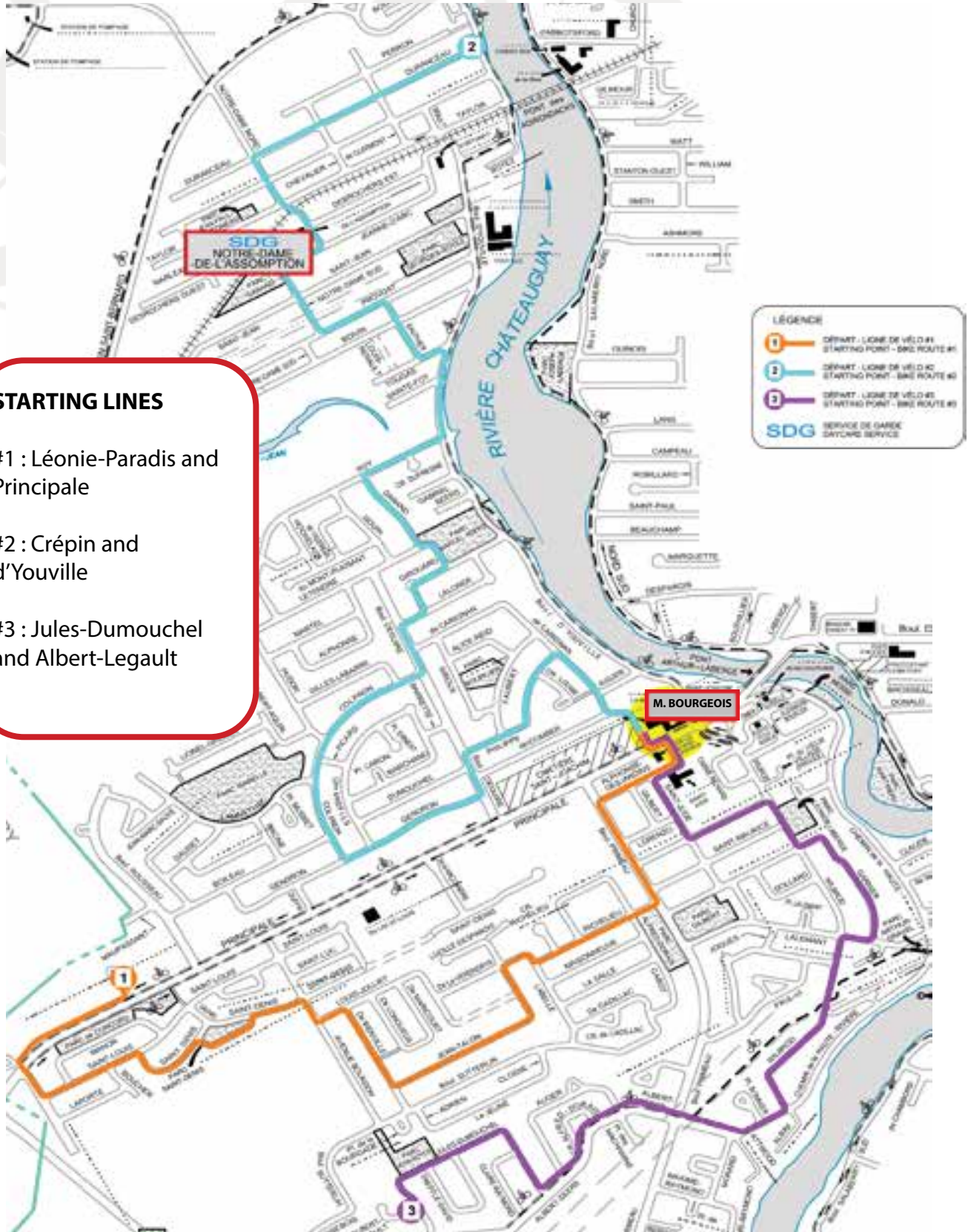
7-9 YEARS OLD - DE LA RIVE SCHOOL (DAY CARE: GABRIELLE-ROY)

All children registered at Gabrielle-Roy day care will get to De la Rive School using the bike line #3.



7-9 YEARS OLD - MARGUERITE-BOURGEOIS SCHOOL (DAY CARE : N.-D.-A.)

All children registered at N.-D.-A. day care will get to Marguerite-Bourgeois School using the bike line #2.



STARTING LINES

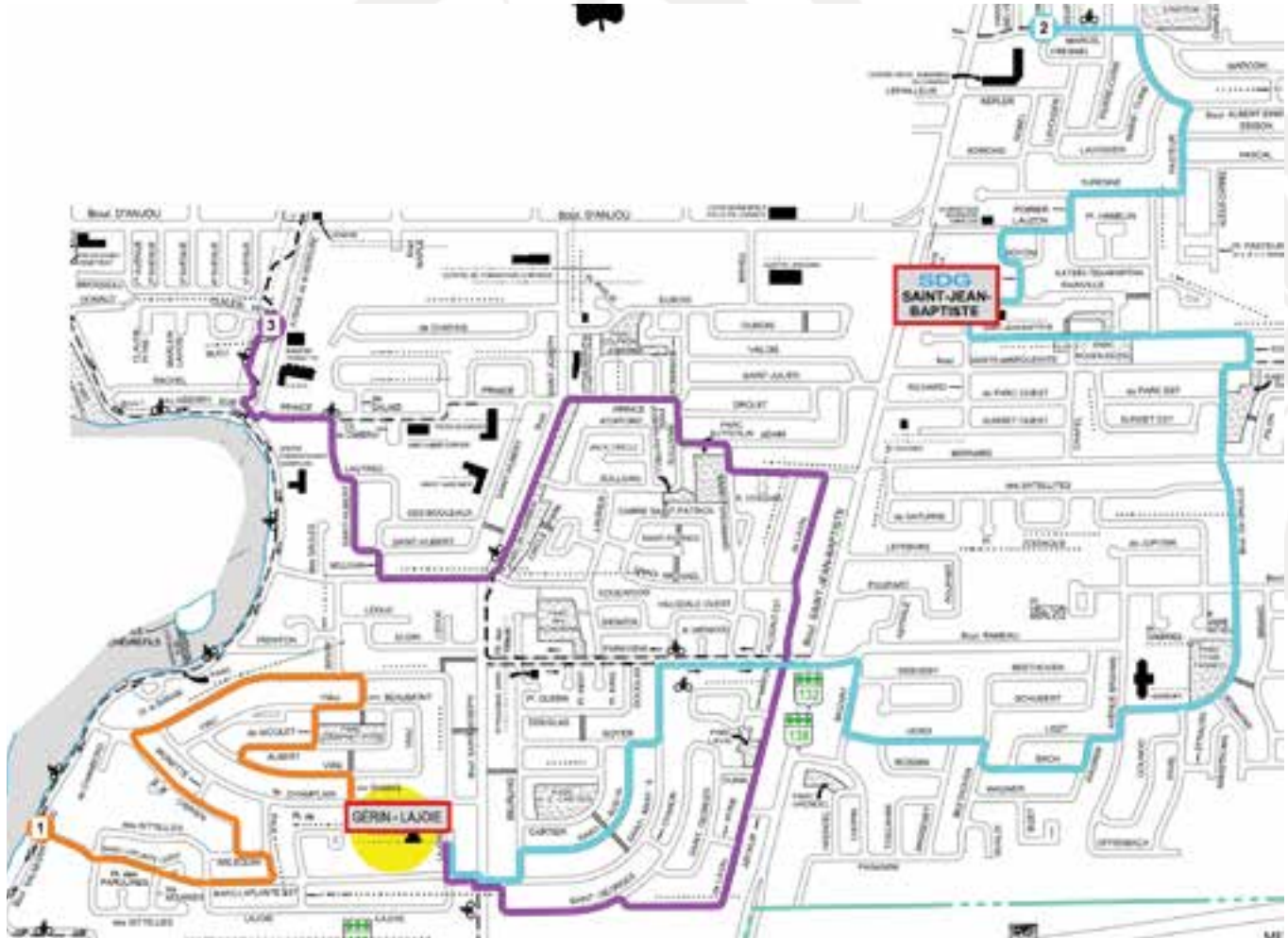
#1 : Léonie-Paradis and Principale

#2 : Crépin and d'Youville

#3 : Jules-Dumouchel and Albert-Legault

10-13 YEARS OLD - GÉRIN-LAJOIE SCHOOL (DAY CARE: SAINT-JEAN-BAPTISTE)

All children registered at Saint-Jean-Baptiste day care will get to Gérin-Lajoie School using the bike line #2.



LÉGENDE

- 1** DÉPART - LIGNE DE VÉLO #1
STARTING POINT - BIKE ROUTE #1
- 2** DÉPART - LIGNE DE VÉLO #2
STARTING POINT - BIKE ROUTE #2
- 3** DÉPART - LIGNE DE VÉLO #3
STARTING POINT - BIKE ROUTE #3

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STARTING LINES

#1 : Salaberry Sud and
Marc-Laplante Ouest

#2 : Marcel Fresnel and
Édouard Branly

#3 : Claude-Pitre and
de la Verdure

10-13 YEARS OLD - LOUIS-PHILIPPE-PARÉ SCHOOL (DAY CARE: N.-D.-A.)

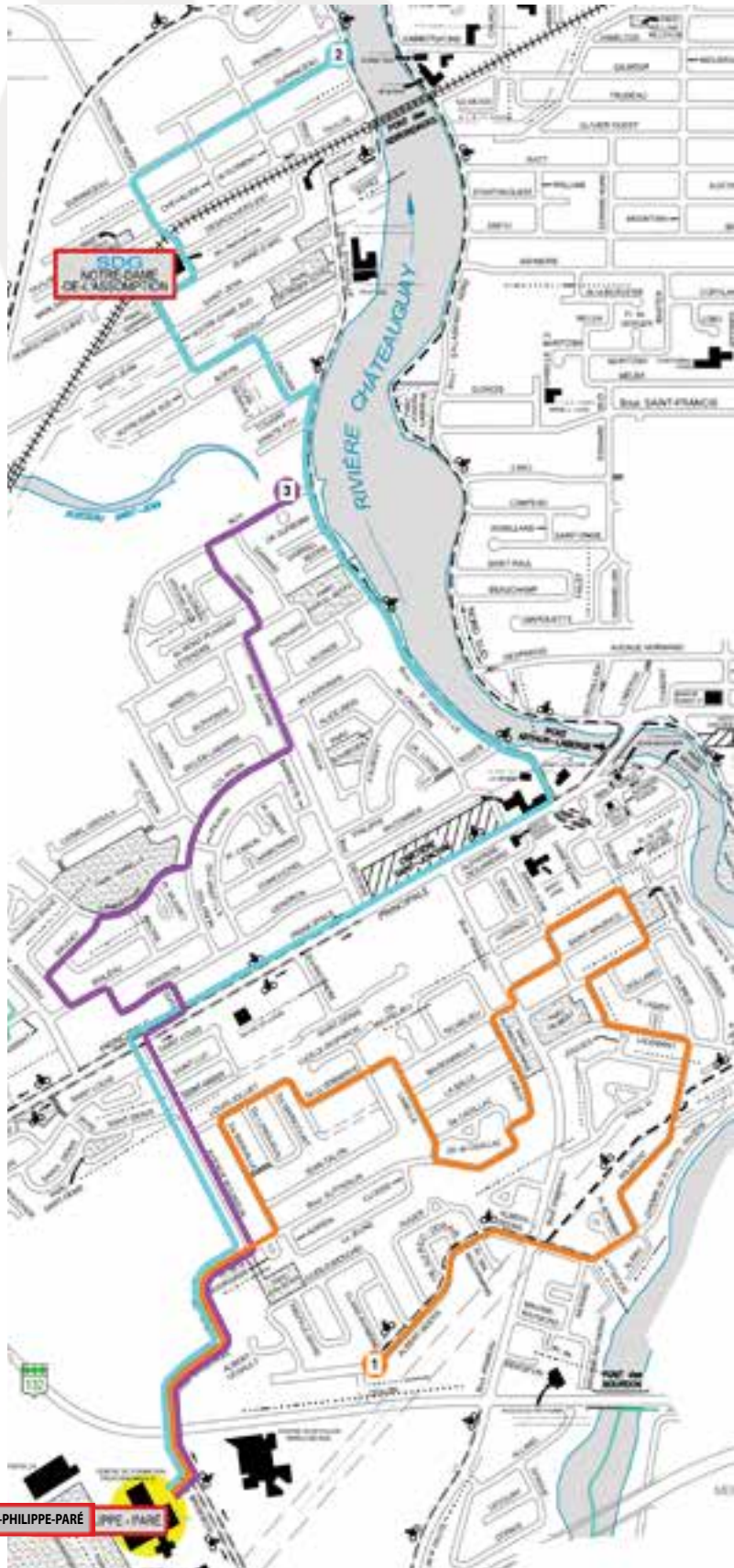
All children registered at N.-D.-A. day care will get to Louis-Philippe-Paré School using the bike line #2.

STARTING LINES

#1 : Hamilton and Maple

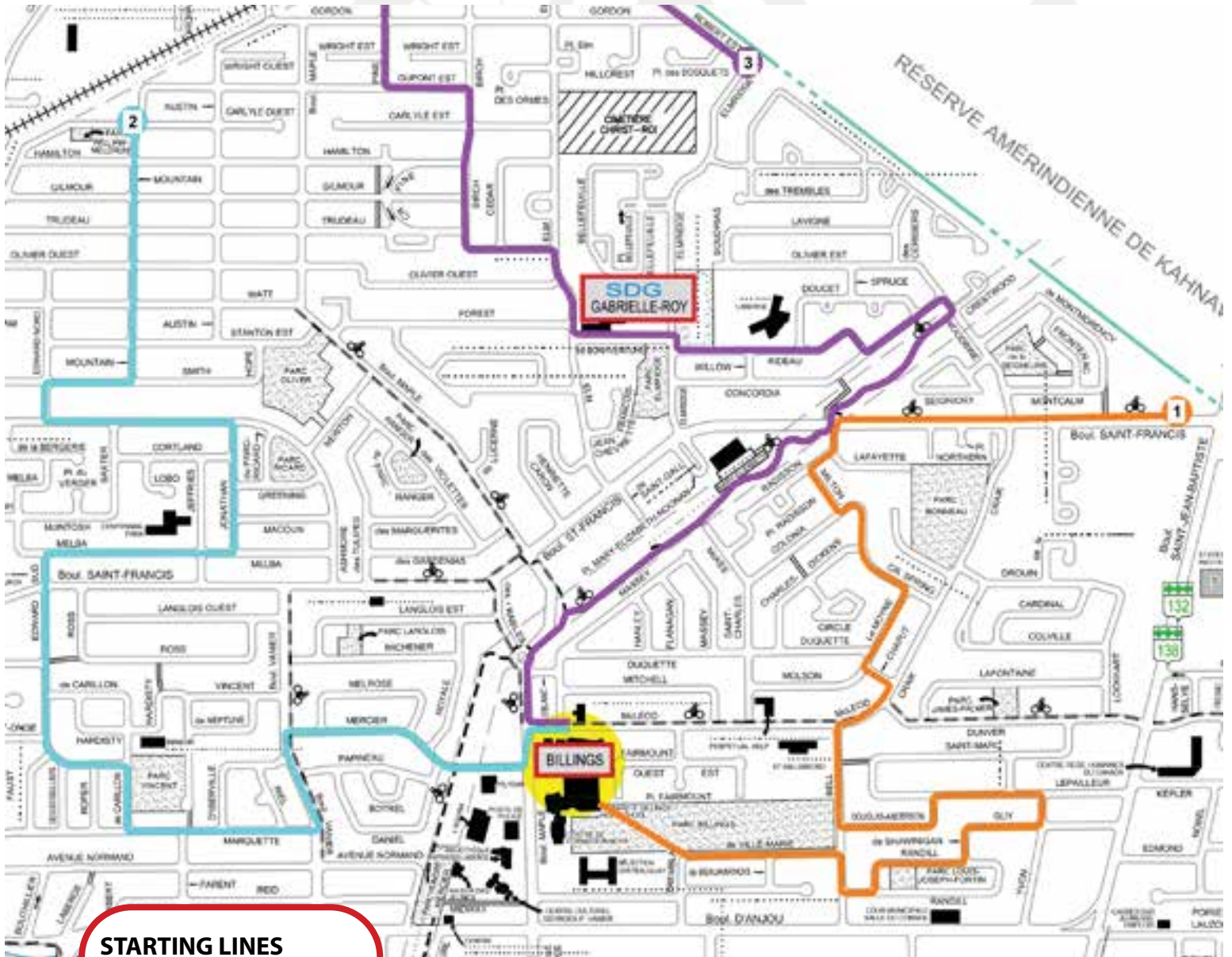
#2 : Lockhart and Colville

#3 : Royale and Mercier



10-13 YEARS OLD - BILLINGS SCHOOL (DAY CARE: GABRIELLE-ROY)

All children registered at Gabrielle-Roy day care will get to Billings School using the bike line #3.



STARTING LINES

#1 : Saint-Francis and Saint-Jean-Baptiste

#2 : Carlyle Ouest and Mountain

#3 : Robert Est and Elmridge

LÉGENDE

- DÉPART - LIGNE DE VÉLO #1
STARTING POINT - BIKE ROUTE #1
- DÉPART - LIGNE DE VÉLO #2
STARTING POINT - BIKE ROUTE #2
- DÉPART - LIGNE DE VÉLO #3
STARTING POINT - BIKE ROUTE #3
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